



# progresspeople

Thriving Leaders. Thriving Lives.

## Leadership Coaching

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| <b>Service:</b>    | Leadership Coaching  |
| <b>Method:</b>     | 1:1 Coaching   |
| <b>Investment:</b> | POA  |
| <b>Enquiries:</b>  | <a href="mailto:info@progresspeople.co.nz">info@progresspeople.co.nz</a> |

### Overview

Leadership Coaching is designed to provoke, challenge, question and guide leaders towards a visible step change. You will go beyond the formal aspects of education and look more deeply at performance improvement via higher levels of self-analysis and critical self-reflection to create the personalised action plan necessary to achieve excellence at a senior management level.

All coaching sessions are highly interactive with a clear emphasis on personal ownership and responsibility for delivering meaningful outcomes. Your coach will assist you in finding the best answers through provocative debate, insightful options and considered choice. Each session concludes with targeted goals, expectations and agreed monthly objectives which are monitored and measured to reinforce the desired improvements.

### Coaching objectives:

- Assess your current reality
- Discuss your preferred reality - *what could I do better?*
- Implement a 'Call to Action' - *what is it going to take?*
- Analyse what progress you have made and what you still need to work on
- Develop increased clarity around your role definition and the transition from managing to leading people
- Discover values-based leadership with increased accountability